POS	POOL A - MEN	TEAM SCORE	Missing
1	Springfield	192	
2	Great Bentley	225	
3	Ipswich Jaffa	240	
4	Witham	243	
5	Harwich	270	
6	Colchester Harriers	428	

POS	POOL A - WOMEN	TEAM SCORE	Missing
1	Springfield	18	
2	Great Bentley	43	
3	Ipswich Jaffa	57	
4	Harwich	115	
5	Witham	123	
6	Colchester Harriers	158	

	POOL B - MEN		Missing
1	CATs	231	
2	Halstead	296	
3	Braintree	376	
4	Mid Essex Casuals	589	
5	Tiptree	597	1

	POOL B - WOMEN		Missing
1	CATs	73	
2	Mid Essex Casuals	75	
3	Tiptree	97	
4	Halstead	169	
5	Braintree	190	1

POS	POOL A	M/F COMB	PTS	Missing	Points
1	Springfield	2	6		
2	Great Bentley	4	5		
3	Ipswich Jaffa	6	4		
4	Witham	9	3		366
5	Harwich	9	2		385
6	Colchester Harriers	12	1		

	POOL B			Missing	Points
1	CATs	2	5		
2	Halstead	6	4		465
3	Mid Essex Casuals	6	3		664
4	Braintree	8	2	1	566
5	Tiptree	8	1	1	694

Penalty per missing runner was 148 for men and 80 for women

LEAGUE POSITIONS

	POOL A	PTS
1	Springfield	6
2	Great Bentley	5
3	Ipswich Jaffa	4
4	Witham	3
5	Harwich	2
6	Colchester Harriers	1

	POOL B	PTS
1	CATs	5
2	Halstead	4
3	Mid Essex Casuals	3
4	Braintree	2
5	Tiptree	1

Position	Runner	Club	Age Category
1	Imogen Ovenden	Springfield	Senior
2	Jade Brown	Springfield	Senior
3	Andrea James	Great Bentley	V40
4	Sally Hoyle	Witham	Senior
5	Nicole Funnell	Springfield	Senior
6	Emily Zethraeus	Great Bentley	V45
7	Danielle Mallows	Tiptree	V45
8	Jasmine Bilner	Ipswich	Senior
9	Jill Eley	Mid Essex Casuals	V60
10	Amelia Goodhall	Springfield	Senior
11	Elinor Oliver	Ipswich	Senior
12	sabel Alcon Gardne	Halstead	Senior
13	Catherine Hull	Springfield	V50
14	Lisa Briggs	Great Bentley	Senior
15	Lil O Dea	Harwich	V40
16	Val Jennings	Ipswich	V60
17	Lauren Race	Harwich	V40
18	Vicky Tapp	CATs	Senior
19	Rachel Flannigan	Mid Essex Casuals	V50
20	Claudia Keitch	Great Bentley	V40
21	lexandra Henness	Colchester Harriers	V50
22	Luz Chavez	Ipswich	V40
23	Rachel Taylor	Great Bentley	V50
24	Angel Jasper	Great Bentley	Under 18
25	Susan Begent	Colchester Harriers	V60
26	Nadia McLeod	Witham	Senior
27	Coralie Mariaux	CATs	V45
28	Stehanie Tew	CATs	V45
29	Millie Yell	CATs	Senior
30	Debs Hitching	Springfield	V50
31	Rosanna Holden	CATs	V40
32	Marion Bennett	Ipswich	V45
33	Caroline Corney	Tiptree	Senior
34	Misty Smith	Ipswich	V40
35	Fiona Smith	Ipswich	V45
36	Naomi Darcy	CATs	Senior
37	Sian Tate	Witham	V40
38	Lisa Loomes	Ipswich	V40
39	Acacia Hawkins	Braintree	Senior
40	Rachel Sadler	CATs	V50
41	Tracy Lawrie	Harwich	V45
42	Penny Barrington	Harwich	V55
43	Ellie Moor	Great Bentley	Senior
44	Alison Evans	Harwich	V60
45	Meera Rajoo-Oakle	Great Bentley	V40
46	Jennifer Flint	Springfield	V40
47	Marisa Smith	Mid Essex Casuals	V50
48	Alicia Crane	Colchester Harriers	V40
49	Violet Mills	Harwich	Senior

Position	Runner	Club	Age Category
1	Harry Tilley	Harwich	Under 18
2	Craig Fiddaman	Ipswich	V40
3	Matt Thomas	Halstead	Senior
4	Chris Ryan	Colchester Harriers	Senior
5	Matthew Peck	Ipswich	Senior
6	Flynn Eyre	Great Bentley	Under 18
7	Steven Wherrett	Witham	Senior
8	Alex Manton	Springfield	V45
9	Anthony Goodhall	Springfield	V40
10	Jamie Carter	Harwich	Under 18
11	Andrew Lanham	Great Bentley	Senior
12	Paul Miles	Springfield	V45
13	Chris Pugh	Witham	Senior
14	Daniel Cooper	CATs	Under 18
15	Jody Wynes	Springfield	Senior
16	Luke Fitz John	Springfield	Senior
17	Dominic King	Colchester Harriers	V40
18	Keith Tilley	Ipswich	V50
19	Owen Broom	Ipswich	Senior
20	Daniel King	Colchester Harriers	V40
21	Tommy Marns	CATs	Senior
22	James Withams	Halstead	Senior
23	Oliver Vincent	Braintree	Under 18
24	Jamie Davidson	Witham	V45
25	Daniel Bade	Braintree	Senior
26	Richard Joisce	Witham	Senior
27	Mark Jasper	Great Bentley	V50
28	Jack Howlett	Harwich	Senior
29	Nick Lawrie	Harwich	V45
30	Christopher Warren	Great Bentley	V50
31	David Wright	Great Bentley	V45
32	Richard Tilley	Harwich	V45
33	Barton Rhodes	Tiptree	V50
34	Matthew Illsley	Great Bentley	Senior
35	James North	Halstead	V45
36	Jed Lawrence	Ipswich	Under 18
37	Dave Walton	Springfield	V55
38	Matthew Davey	CATs	Under 18
39	Jason Townsend	CATs	V45
40	Simon Gill	Witham	V40
41	Harry Solomon	Witham	Senior
42	James Eyre	Great Bentley	V45
43	Matthew Bennett	Ipswich	0
44	Billy Hamilton	Great Bentley	V45
45	Ian Cuthbert	Witham	Senior
46	Guy Fairweather	Springfield	Senior
47	Andrew Notley	Witham	V40
48	Gerry Gladden	Great Bentley	V45

Position	Runner	Club	Age Category
49	Ryan Prout	Springfield	V40
50	James Fry	CATs	V40
51	James Sullivan	Springfield	V45
52	Robin Brookes	Harwich	V55
53	Jonathan Mann	Great Bentley	V45
54	Lee Cousins	Braintree	V50
55	Stephen Bullen	Great Bentley	V50
56	Gavin Davies	Ipswich	V45
57	Russell Goodridge	Colchester Harriers	V55
58	Harry Young	Harwich	Senior
59	Phil Claydon	Springfield	V60
60	Simon Day	Harwich	V50
61	Peter Squirrell	Ipswich	V40
62	Bradley Doe	Halstead	Senior
63	John Holland	Braintree	V45
64	Rob Dyer	Great Bentley	V45
65	Joseph Dunning	Ipswich	V45
66	Paul Wain	Ipswich	Senior
67	Andrew Dagge	Colchester Harriers	V40
68	Robert Bardell	Tiptree	V55
69	Ben Howard	CATs	Senior
70	Daniel Mayes-Dally	Ipswich	Senior
71	Simon Handley	Witham	V45
72	Benjamin Leeds	Mid Essex Casuals	V40
73	Myles Coulson	Mid Essex Casuals	V50
74	Darren Green	CATs	V45
75	Richard Green	Witham	V40
76	David Cahill	CATs	V60
77	Robin Oakley	Great Bentley	V40
78	Mark Jeffrey	Springfield	V60
79	Ian Rattray	Colchester Harriers	V50
80	Martin Steinwand	Great Bentley	V50
81	Chris Servant	Ipswich	V60
82	Craig Rought	Colchester Harriers	V50
83	Mark Lawes	Tiptree	V55
84	Charles Keitch	Great Bentley	V45
85	Perry James	Halstead	Senior
86	Christopher Thornton	Great Bentley	V65
87	Simon Scott	Witham	V60
88	Tomasz Komorowski	Great Bentley	V45
89	Luis Betancourt Canas	Halstead	V40
90	Tom Higgins	Great Bentley	Senior
91	Simon Smith	Halstead	V60
92	Sam Wolton	Halstead	V45
93	Michael Leeds	Mid Essex Casuals	V40
94	Ian McDermott	Ipswich	V60
95	Joan Carles Blanco	CATs	V55
96	Gethin Hughes	Great Bentley	V45
97	Jamie Bennett	Ipswich	V45

Position	Runner	Club	Age Category
98	Marc Lawrence	Ipswich	V55
99	Stefan Hogan-Steele	Great Bentley	Senior
100	Simon Garner	Harwich	V50
101	Nicholas Booth	CATs	V50
102	Joe Noack	Colchester Harriers	Senior
103	James Card	Braintree	Senior
104	Scott Peters	Mid Essex Casuals	V55
105	Craig Robinson	Harwich	V40
106	Paul Arnold	Great Bentley	V50
107	Dean Pepper	Great Bentley	Senior
108	Ross Boyer	Braintree	V65
109	Mark Pretty	Harwich	Senior
110	Martin Standen	Harwich	V55
111	Andy Rich	Harwich	Senior
112	Martin Cotton	Great Bentley	V55
113	Glen Waller	Witham	V45
114	Vincent White	Colchester Harriers	V50
115	Ian Cannons	Harwich	V50
116	Justin Ruggles	Mid Essex Casuals	V55
117	Andy Carter	Harwich	V55
118	James Attenborough	Witham	V40
119	Dean Mcleod	Springfield	V60
120	Matt Doran	Harwich	V50
121	Len Marten	Halstead	V55
122	Robin Belsom	Ipswich	V65
123	David Kelly	Witham	V70
124	Christopher Bing	Ipswich	V45
125	James Montgomery	Witham	V60
126	Dave Holdich	Witham	V40
127	Adam Hocken	Witham	V60
128	Stephen Hargreaves	Tiptree	V60
129	Richard Moor	Great Bentley	V60
130	David Jobling	Witham	V70
131	Lionel Guinea	Mid Essex Casuals	V50
132	Steve Hunt	Colchester Harriers	V65
133	Rob Seward	Harwich	Senior
134	William Day	Springfield	V45
135	Bradley Petchey	Mid Essex Casuals	V45
136	Tim Clifton	Great Bentley	V50
137	Timothy Huxtable	Tiptree	V60
138	Peter Fraser-Hopewell	Harwich	V70
139	Dave Clarke	Halstead	V55
140	Andrew Read	Witham	V60
141	Mark Harris	Great Bentley	V50
142	Darran Hull	Springfield	V55
143	Alexander Rice	CATs	V65
144	Anthony Smith	Witham	V60
145	Colin Short	Witham	V75
146	Alan Johnson	Great Bentley	V60

Position	Runner	Club	Age Category
147	Julian Cordwell	Harwich	V70

Position	Runner	Club	Age Category
50	Wendy Kellett	Ipswich	V55
51	Eileen Shadford	Great Bentley	V60
52	Carla Ewen	CATs	V45
53	Jessica Gould	Great Bentley	Senior
54	Marie Bonnier	Harwich	V45
55	Clare Richardson	Harwich	V50
56	Amy Eyo	Witham	Senior
57	Helen Degiorgio	Tiptree	V45
58	Laura Greenman	Ipswich	V40
59	Kathryn Scrivener	Harwich	V40
60	Gemma Petchey	Mid Essex Casuals	V40
61	Donna Harris	Great Bentley	V45
62	Faye Elliot	Harwich	V40
63	Sarah Brown	CATs	V45
64	Nikki Osborne	Colchester Harriers	V55
65	Samantha Cooper	CATs	V55
66	Cheryl Court	Springfield	V50
67	Helen Berry	Ipswich	V45
68	Lorna Pettifer	Mid Essex Casuals	V60
69	Sarah Naughton	Witham	V45
70	Molly Richardson	Harwich	Senior
71	Mollie Walker	Braintree	Under 18
72	Christina Pretty	Harwich	V65
73	Zoe Bardell	Tiptree	V55
74	Michelle Edwards	Tiptree	V55
75	Clare Boston	Witham	V45
76	Sally Gillam	Harwich	V60
77	Natalie Lilley	Witham	V55
78	Wendy Carter	Halstead	V60
79	Lorraine Garnham	Halstead	V65

LADIES' AGE CATEGORY RESULTS

79 runners | 8 age categories | Categories to review: 0

Ranked by overall finishing position. Blank and zero categories are listed separately below; source results unchanged.

Under 18

Category place	Overall position	Runner	Club	Source category
1	24	Angel Jasper	Great Bentley	Under 18
2	71	Mollie Walker	Braintree	Under 18

Senior

Category place	Overall position	Runner	Club	Source category
1	1	Imogen Ovenden	Springfield	Senior
2	2	Jade Brown	Springfield	Senior
3	4	Sally Hoyle	Witham	Senior
4	5	Nicole Funnell	Springfield	Senior
5	8	Jasmine Bilner	Ipswich	Senior
6	10	Amelia Goodhall	Springfield	Senior
7	11	Elinor Oliver	Ipswich	Senior
8	12	Isabel Alcon Gardner	Halstead	Senior
9	14	Lisa Briggs	Great Bentley	Senior
10	18	Vicky Tapp	CATs	Senior
11	26	Nadia McLeod	Witham	Senior
12	29	Millie Yell	CATs	Senior
13	33	Caroline Corney	Tiptree	Senior
14	36	Naomi Darcy	CATs	Senior
15	39	Acacia Hawkins	Braintree	Senior
16	43	Ellie Moor	Great Bentley	Senior
17	49	Violet Mills	Harwich	Senior
18	53	Jessica Gould	Great Bentley	Senior
19	56	Amy Eyo	Witham	Senior
20	70	Molly Richardson	Harwich	Senior

V40

Category place	Overall position	Runner	Club	Source category
1	3	Andrea James	Great Bentley	V40
2	15	Lil O Dea	Harwich	V40
3	17	Lauren Race	Harwich	V40
4	20	Claudia Keitch	Great Bentley	V40
5	22	Luz Chavez	Ipswich	V40
6	31	Rosanna Holden	CATs	V40
7	34	Misty Smith	Ipswich	V40
8	37	Sian Tate	Witham	V40
9	38	Lisa Loomes	Ipswich	V40
10	45	Meera Rajoo-Oakley	Great Bentley	V40
11	46	Jennifer Flint	Springfield	V40
12	48	Alicia Crane	Colchester Harriers	V40
13	58	Laura Greenman	Ipswich	V40
14	59	Kathryn Scrivener	Harwich	V40
15	60	Gemma Petchey	Mid Essex Casuals	V40
16	62	Faye Elliot	Harwich	V40

MEN'S AGE CATEGORY RESULTS

147 runners | 10 age categories | Categories to review: 1

Ranked by overall finishing position. Blank and zero categories are listed separately below; source results unchanged.

Under 18

Category place	Overall position	Runner	Club	Source category
1	1	Harry Tilley	Harwich	Under 18
2	6	Flynn Eyre	Great Bentley	Under 18
3	10	Jamie Carter	Harwich	Under 18
4	14	Daniel Cooper	CATs	Under 18
5	23	Oliver Vincent	Braintree	Under 18
6	36	Jed Lawrence	Ipswich	Under 18
7	38	Matthew Davey	CATs	Under 18

Senior

Category place	Overall position	Runner	Club	Source category
1	3	Matt Thomas	Halstead	Senior
2	4	Chris Ryan	Colchester Harriers	Senior
3	5	Matthew Peck	Ipswich	Senior
4	7	Steven Wherrett	Witham	Senior
5	11	Andrew Lanham	Great Bentley	Senior
6	13	Chris Pugh	Witham	Senior
7	15	Jody Wynes	Springfield	Senior
8	16	Luke Fitz John	Springfield	Senior
9	19	Owen Broom	Ipswich	Senior
10	21	Tommy Marns	CATs	Senior
11	22	James Withams	Halstead	Senior
12	25	Daniel Bade	Braintree	Senior
13	26	Richard Joisce	Witham	Senior
14	28	Jack Howlett	Harwich	Senior
15	34	Matthew Illsley	Great Bentley	Senior
16	41	Harry Solomon	Witham	Senior
17	45	Ian Cuthbert	Witham	Senior
18	46	Guy Fairweather	Springfield	Senior
19	58	Harry Young	Harwich	Senior
20	62	Bradley Doe	Halstead	Senior
21	66	Paul Wain	Ipswich	Senior
22	69	Ben Howard	CATs	Senior
23	70	Daniel Mayes-Dally	Ipswich	Senior
24	85	Perry James	Halstead	Senior
25	90	Tom Higgins	Great Bentley	Senior
26	99	Stefan Hogan-Steele	Great Bentley	Senior
27	102	Joe Noack	Colchester Harriers	Senior
28	103	James Card	Braintree	Senior
29	107	Dean Pepper	Great Bentley	Senior
30	109	Mark Pretty	Harwich	Senior
31	111	Andy Rich	Harwich	Senior
32	133	Rob Seward	Harwich	Senior

V40

Category place	Overall position	Runner	Club	Source category
1	2	Craig Fiddaman	Ipswich	V40
2	9	Anthony Goodhall	Springfield	V40
3	17	Dominic King	Colchester Harriers	V40
4	20	Daniel King	Colchester Harriers	V40
5	40	Simon Gill	Witham	V40
6	47	Andrew Notley	Witham	V40
7	49	Ryan Prout	Springfield	V40
8	50	James Fry	CATs	V40
9	61	Peter Squirrell	Ipswich	V40
10	67	Andrew Dagge	Colchester Harriers	V40
11	72	Benjamin Leeds	Mid Essex Casuals	V40
12	75	Richard Green	Witham	V40
13	77	Robin Oakley	Great Bentley	V40
14	89	Luis Betancourt Canas	Halstead	V40
15	93	Michael Leeds	Mid Essex Casuals	V40
16	105	Craig Robinson	Harwich	V40
17	118	James Attenborough	Witham	V40
18	126	Dave Holdich	Witham	V40

V45

Category place	Overall position	Runner	Club	Source category
1	8	Alex Manton	Springfield	V45
2	12	Paul Miles	Springfield	V45
3	24	Jamie Davidson	Witham	V45
4	29	Nick Lawrie	Harwich	V45
5	31	David Wright	Great Bentley	V45
6	32	Richard Tilley	Harwich	V45
7	35	James North	Halstead	V45
8	39	Jason Townsend	CATs	V45
9	42	James Eyre	Great Bentley	V45
10	44	Billy Hamilton	Great Bentley	V45
11	48	Gerry Gladden	Great Bentley	V45
12	51	James Sullivan	Springfield	V45
13	53	Jonathan Mann	Great Bentley	V45
14	56	Gavin Davies	Ipswich	V45
15	63	John Holland	Braintree	V45
16	64	Rob Dyer	Great Bentley	V45
17	65	Joseph Dunning	Ipswich	V45
18	71	Simon Handley	Witham	V45
19	74	Darren Green	CATs	V45
20	84	Charles Keitch	Great Bentley	V45
21	88	Tomasz Komorowski	Great Bentley	V45
22	92	Sam Wolton	Halstead	V45
23	96	Gethin Hughes	Great Bentley	V45
24	97	Jamie Bennett	Ipswich	V45
25	113	Glen Waller	Witham	V45
26	124	Christopher Bing	Ipswich	V45
27	134	William Day	Springfield	V45
28	135	Bradley Petchey	Mid Essex Casuals	V45

V50

Category place	Overall position	Runner	Club	Source category
1	18	Keith Tilley	Ipswich	V50
2	27	Mark Jasper	Great Bentley	V50
3	30	Christopher Warren	Great Bentley	V50
4	33	Barton Rhodes	Tiptree	V50
5	54	Lee Cousins	Braintree	V50
6	55	Stephen Bullen	Great Bentley	V50
7	60	Simon Day	Harwich	V50
8	73	Myles Coulson	Mid Essex Casuals	V50
9	79	Ian Rattray	Colchester Harriers	V50
10	80	Martin Steinwand	Great Bentley	V50
11	82	Craig Rought	Colchester Harriers	V50
12	100	Simon Garner	Harwich	V50
13	101	Nicholas Booth	CATs	V50
14	106	Paul Arnold	Great Bentley	V50
15	114	Vincent White	Colchester Harriers	V50
16	115	Ian Cannons	Harwich	V50
17	120	Matt Doran	Harwich	V50
18	131	Lionel Guinea	Mid Essex Casuals	V50
19	136	Tim Clifton	Great Bentley	V50
20	141	Mark Harris	Great Bentley	V50

V55

Category place	Overall position	Runner	Club	Source category
1	37	Dave Walton	Springfield	V55
2	52	Robin Brookes	Harwich	V55
3	57	Russell Goodridge	Colchester Harriers	V55
4	68	Robert Bardell	Tiptree	V55
5	83	Mark Lawes	Tiptree	V55
6	95	Joan Carles Blanco	CATs	V55
7	98	Marc Lawrence	Ipswich	V55
8	104	Scott Peters	Mid Essex Casuals	V55
9	110	Martin Standen	Harwich	V55
10	112	Martin Cotton	Great Bentley	V55
11	116	Justin Ruggles	Mid Essex Casuals	V55
12	117	Andy Carter	Harwich	V55
13	121	Len Marten	Halstead	V55
14	139	Dave Clarke	Halstead	V55
15	142	Darran Hull	Springfield	V55

V60

Category place	Overall position	Runner	Club	Source category
1	59	Phil Claydon	Springfield	V60
2	76	David Cahill	CATs	V60
3	78	Mark Jeffrey	Springfield	V60
4	81	Chris Servant	Ipswich	V60
5	87	Simon Scott	Witham	V60
6	91	Simon Smith	Halstead	V60
7	94	Ian McDermott	Ipswich	V60
8	119	Dean Mcleod	Springfield	V60
9	125	James Montgomery	Witham	V60
10	127	Adam Hocken	Witham	V60
11	128	Stephen Hargreaves	Tiptree	V60
12	129	Richard Moor	Great Bentley	V60
13	137	Timothy Huxtable	Tiptree	V60
14	140	Andrew Read	Witham	V60
15	144	Anthony Smith	Witham	V60
16	146	Alan Johnson	Great Bentley	V60

V65

Category place	Overall position	Runner	Club	Source category
1	86	Christopher Thornton	Great Bentley	V65
2	108	Ross Boyer	Braintree	V65
3	122	Robin Belsom	Ipswich	V65
4	132	Steve Hunt	Colchester Harriers	V65
5	143	Alexander Rice	CATs	V65

V70

Category place	Overall position	Runner	Club	Source category
1	123	David Kelly	Witham	V70
2	130	David Jobling	Witham	V70
3	138	Peter Fraser-Hopewell	Harwich	V70
4	147	Julian Cordwell	Harwich	V70

V75

Category place	Overall position	Runner	Club	Source category
1	145	Colin Short	Witham	V75

Category review

Review	Overall position	Runner	Club	Source category
Check	43	Matthew Bennett	Ipswich	0

V45

Category place	Overall position	Runner	Club	Source category
1	6	Emily Zethraeus	Great Bentley	V45
2	7	Danielle Mallows	Tiptree	V45
3	27	Coralie Mariaux	CATs	V45
4	28	Stehanie Tew	CATs	V45
5	32	Marion Bennett	Ipswich	V45
6	35	Fiona Smith	Ipswich	V45
7	41	Tracy Lawrie	Harwich	V45
8	52	Carla Ewen	CATs	V45
9	54	Marie Bonnier	Harwich	V45
10	57	Helen Degiorgio	Tiptree	V45
11	61	Donna Harris	Great Bentley	V45
12	63	Sarah Brown	CATs	V45
13	67	Helen Berry	Ipswich	V45
14	69	Sarah Naughton	Witham	V45
15	75	Clare Boston	Witham	V45

V50

Category place	Overall position	Runner	Club	Source category
1	13	Catherine Hull	Springfield	V50
2	19	Rachel Flannigan	Mid Essex Casuals	V50
3	21	Alexandra Hennessy	Colchester Harriers	V50
4	23	Rachel Taylor	Great Bentley	V50
5	30	Debs Hitching	Springfield	V50
6	40	Rachel Sadler	CATs	V50
7	47	Marisa Smith	Mid Essex Casuals	V50
8	55	Clare Richardson	Harwich	V50
9	66	Cheryl Court	Springfield	V50

V55

Category place	Overall position	Runner	Club	Source category
1	42	Penny Barrington	Harwich	V55
2	50	Wendy Kellett	Ipswich	V55
3	64	Nikki Osborne	Colchester Harriers	V55
4	65	Samantha Cooper	CATs	V55
5	73	Zoe Bardell	Tiptree	V55
6	74	Michelle Edwards	Tiptree	V55
7	77	Natalie Lilley	Witham	V55

V60

Category place	Overall position	Runner	Club	Source category
1	9	Jill Eley	Mid Essex Casuals	V60
2	16	Val Jennings	Ipswich	V60
3	25	Susan Begent	Colchester Harriers	V60
4	44	Alison Evans	Harwich	V60
5	51	Eileen Shadford	Great Bentley	V60
6	68	Lorna Pettifer	Mid Essex Casuals	V60
7	76	Sally Gillam	Harwich	V60
8	78	Wendy Carter	Halstead	V60

V65

Category place	Overall position	Runner	Club	Source category
1	72	Christina Pretty	Harwich	V65
2	79	Lorraine Garnham	Halstead	V65

Category review

Review	Overall position	Runner	Club	Source category

No categories to review